

## DAY 1

8:00 - 8:15am	Tutor and lecture meeting
8:15 - 8:30am	Registration/Housekeeping and Welcome (Philip Bingham and Miranda Cox)
8.30 - 9.30am	Introduction circle - outside sharing space.
9.30 - 10.00am	Lecture - Philip <b>Biodynamics and the evolution of Traditional Osteopathy. Locating ourselves in the Osteopathic lineage. Understanding the journey.</b>
10.00-10.30am	Practical Session 1 I.A. BREATH I.B. PART TO WHOLE Getting a sense of the whole fluid body rather than the structure. This is our exploration - part to whole.
10:30am	<i>Morning tea</i>
11.00 - 11.30am	Lecture - Sue <b>Perception</b>
11.30 -12.00pm	Practical Session 2
12:00 - 1:00pm	<i>Lunch</i>
1:00 - 1:30pm	Lecture - Kim <b>An Approach to Paediatrics</b>
1:30 - 2:00pm	Practical Session 3
2:00 - 2:30pm	Lecture - Shayne <b>Senses</b>
2:30 - 3:00pm	Practical Session 4
3:00 - 3:30pm	Reflections / rebalancing
3:30pm	<i>Afternoon tea</i>
4:00 - 5:30pm	Afternoon at leisure
5.30pm	<i>BBQ Dinner for all participants (drinks at own expense)</i>

## DAY 2

8:30 - 9:00am	Check in / reflections
9:00 - 9:30am	Lecture - Melanie <b>Breathing: Thoracic and Primary Respiration</b>
9:30 - 10:30am	Practical Session 5
10:30am	<i>Morning tea</i>
11:00-11:30am	Lecture - Ellen <b>Permission to Rest with Health</b>
11:30 - 12:00pm	Practical Session 6
12:00 - 1:00pm	<i>Lunch</i>
1:00 - 1:30pm	Lecture - Kim <b>Functional Reserve of the Whole</b>
1:30 - 2:00pm	Practical Session 7
2:00 - 2:45pm	<i>Afternoon tea and walk</i>
3:00 - 3:30pm	Reflections / rebalancing
3:30 - 4:00pm	<b>End of course... but the beginning of your osteopathic journey.</b>

